



"31° LIGNANO KARATE OPEN 2016"

INTERNAZIONALI DI KARATE 2016



KUMITE/KATA - 31° OPEN DI LIGNANO I.K.G.L.I.
WKF:(CADETS - JUNIORS- U21 - SENIORS)
BEGINNERS A- BEGINNERS B -MASTERS-
SENIORS KATA TEAMS - YOUNG KATA TEAMS
COMPETITION DATE: SATURDAY 20 AUGUST 2016 (KUMITE)
SUNDAY 21 AUGUST 2016 (KATA)

SPORT-HALL: PALAGETUR
Viale Centrale, 29 – LIGNANO SABBIA D'ORO (UD) C/O Villaggio sportivo turistico GETUR

LOGISTICS AND ACCOMODATIONS - Agenzia Sport & School
Elisa Franchi, tel.0039 – (0) 431 70589, info@sportandschool.com

SECRETARIAT OF COMPETITION: ALDEGISTO SODERO MOB. 0039 339 25 45 586
 Email aldegisto.sodero@tin.it
 Info: <http://www.fijlkam-karate-fvg.it>



**THE REFERENCE FOR THE WKF CLASS OF MEMBERSHIP FOR THE CLASSES WKF CADETS, JUNIORS WKF, UNDER 21, OVER 18 WKF WKF MASTER, IS THE DAY OF THE COMPETITION:
 IN THE KUMITE IT IS 20 AUGUST AND IN THE KATA 21 AUGUST 2016**

KUMITE/KATA – MALE/FEMALE

1. BEGINNERS “A” (12 /13 years) born from 01/01/2003 to 31/12/2004

KATA/KUMITE: FIJLKAM RULES

WEIGHT CATEGORIES	MALE	from 35 to 40 kg	-45	-50	-55	-61	-68	-75	-83
	FEMALE	from 32 to 37 kg	-42	-47	-53	-60	-68		

2. BEGINNERS “B” (14/15 years) born from 01/01/2001 to 31/12/2002

KATA/KUMITE: FIJLKAM RULES

WEIGHT CATEGORIES	MALE	from 42 to -47 kg	-52	-57	-63	-70	-78	+78	
	FEMALE	from 37 to -42 kg	-47	-54	-63	+63			

3. WKF CADETS (14/15 years) kumite born from 21/08/2000 to 20/08/2002 kata born from 22/08/2000 to 21/08/2002

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-52 kg	-57	-63	-70	+70			
	FEMALE	-47 kg	-54	+54					

4. WKF JUNIORS (16/17 years) kumite born from 21/08/1998 to 20/08/2000 kata born from 22/08/1998 to 21/08/2000

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-55 kg	-61	-68	-76	+76			
	FEMALE	-48 kg	-53	-59	+59				

5. WKF UNDER21 (18/20 years) kumite born from 21/08/1995 to 20/08/1998 kata born from 22/08/1995 to 21/08/1998

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

6. WKF SENIORS (18/40 years) kumite born from 21/08/1976 to 20/08/1998

7. WKF SENIORS (16/40) years kata born from 22/08/76 to 21/08/2000

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

MASTERS

8. WKF MASTERS 35+(over 35) kumite born from 21/08/1971 to 20/08/1981 kata born from 22/08/1971 to 21/08/1981

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

9. WKF MASTERS 45+ (over 45) kumite born from 21/08/1966 to 20/08/1971 kata born from 22/08/1966 to 21/08/1971

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

10. WKF MASTERS 50+(over 50) kumite born from 21/08/1961 to 20/08/1966 kata born from 22/08/1961 to 21/08/1966

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

11. WKF MASTERS 55+ (over 55) kumite born 20/08/1961 and before kata born the 21/08/1961 and before

KATA/KUMITE : WKF RULES

WEIGHT CATEGORIES	MALE	-60 kg	-67	-75	-84	+84			
	FEMALE	-50 kg	-55	-61	-68	+68			

KATA TEAMS

12. WKF KATA TEAM (16/40 YEARS old)

WKF RULES

born 22/08/1976 to 21/08/2000

13. YOUNG WKF KATA TEAM (14/17 YEARS OLD)

WKF RULES

born from 22/08/1998 to 21/08/2002



PROGRAM AND CATEGORIES

The tournament is open to all Fijklkam card-carring, and WKF members.
All the control action (weight control kata/kumite) to the competitor can be realized during the TRAINING CAMP, from Friday 19 august 2016 from 11.00 a.m. till 1 hour before the beginning of the competition of each category.

for your registration use

www.sportdata.org

If you have problems please contact:

e-mail address: aldegisto.sodero@tin.it

Tel. /Fax 0039 - (0)432 - 402293 - mob. 0039 - 2545586

Info www.fijklkam-karate-fvg.it

Dead line Saturday 6 August 2016

REGISTRATION COSTS INTERNATIONAL WKF COMPETITION:

Kata/kumite individual Senior/U21 categories 30€
Kata/kumite individual Cadets/Junior categories 25€
Kata/kumite individual Beginners A/B categories 20€
All Kata teams 50€

25% discount for the second registration.

Changes of category athlete after closing registration fee 10€.

**The clubs of Foreign Nations can pay the entry fee
at the tournament, on the place and in the day of the
competition**

PAYMENT

Bank transfer

to IT62N0100512300000000016842

SWIFT BIC: BNLJITRR

In account of Comitato Regionale FIJLKAM F.V.G. - Roberto Ruberti



MASTER CATEGORIES

As for matter not ruled by this information bulletin, Competition Rules of W.K.F. are applied (World Karate Federation - Kata and Kumite Competition Rules).

PROVISIONAL TIMETABLE - 31° LIGNANO KARATE OPEN 2016

SATURDAY 20 AUGUST 2016 - KUMITE		
CHECK COMPETITORS (REGISTRATION) 8.00	JUNIORS M/F	START OF COMPETITION 9.00
	UNDER 21 M/F	
	CADETS M/F	
	BEGINNERS" A " M/F – BEGINNERS" B " M/F	
	SENIORS M/F	
	MASTERS M/F	
SUNDAY 21 AUGUST 2016 - KATA		
CHECK COMPETITORS (REGISTRATION) 8.00	JUNIORS, UNDER 21, M/F	START OF COMPETITION 9.00
	BEGINNERS" A ", BEGINNERS " B " M/F	
	CADETS E SENIORS M/F	
	YOUNG WKF KATA TEAMS AND WKF KATA TEAMS M/F	
	MASTERS M/F	

**TIMETABLE OF COMPETITION WILL BE
UPDATED AFTER CLOSING OF ENTRIES**



PARTECIPATION

Registration of Sport Federation

The tournament is open to all members FIJLKAM, and to the Promotion Organizations recognized and members of the WKF

The tournament takes place with WKF regulation, including the use of all mandatory protections required.

- Cadets may also compete in the WKF Beginners "B" FIJLKAM ;
- Athletes Under 21 can compete in the SENIOR WKF (both in Kata and Kumite).

- Only for the Kata, WKF Junior may also compete in the SENIORS WKF BUT NOT IN UNDER21

- Athletes with age range between 35 years (included) and 40 years (not yet turned) may compete in both categories: MASTER and SENIOR 35 +

KUMITE / KATA RULES

WKF rules will be used for all competitions, with the exception of young categories (Beginner A - born 2003 / 2004, Beginner B - born 2001 / 2002) that will use Italian Federation's rules

Beginners "A" and Beginner "B"

Kumite: FIJLKAM rules Kata: FIJLKAM rules

Class WKF Cadet, WKF Junior, WKF U21, WKF SENIORS , WKF Master will use:

Kumite: WKF Rules Kata WKF Rules:

DURATION OF KUMITE

Beginners "A" FIJLKAM male and female: one minute and twenty seconds.

Beginners "B" FIJLKAM male and female: two minutes.

Cadets WKF male and female: two minutes.

WKF junior male and female: two minutes.

Under 21 WKF male: three minutes; Under 21 WKF women: two minutes.

WKF SENIORS male: three-minutes

WKF SENIORS women: two minutes

Master WKF male and female: two minutes



GENERAL CONDITIONS

CONDITIONS FOR PARTECIPATION: all karatekas with valid membership card of their federation.

Carers are responsible for medical certificates and parents consents.

All the information concerning each competitor are obtained from official documents such as identification cards, passports etc.

All competitors enter this competition at their own risk and absolve the organizers of any claims which may arise however so caused.

REFEREES: EKF, WKF, National Referees and Judges are welcome and their participation should be announced well in advance to the organizers of the tournament.