



UNITED WORLD
WRESTLING

GENERAL REGULATIONS FOR THE VETERAN WORLD CHAMPIONSHIP





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Objectives of the Championship

The Freestyle, Women's wrestling or Greco-Roman Veterans World Championship is organised every years in an internationally famous city to all athletes after 35 years old who have stopped the competition. The reason that we made a Veteran World Championship is to interest a new athletes' category to the wrestling. United World Wrestling can exploit the advantage of this new category. It is a new promotional means for wrestling worldwide.

Let see the sixth principal advantages for this competition

1. This category of athletes can participate in an international competition for the sport that they have contributed during all their life.
2. Former Champions can attend the tournament like a guest. This position will maybe give him the motivation to participate another time to a competition.
3. This tournament can find a good place in the business world and in the international market thanks to this category of wrestlers (every wrestlers work and have a place in the society).
4. This tournament is a promotional tool for United World Wrestling to bring closer together the wrestling family.
5. With this style of tournament we can see a cooperation system between the participating countries beyond the wrestlers' parents and the organising committee.
6. If a young wrestler knows that our sport can be practice a long time, they will maybe choose wrestling. The Veteran world championship can bring to these athletes a good physical condition.

The Veteran World Championship can raise interest to older wrestlers, can give the occasion to United World Wrestling to make promotion and education or meet a need to the young athletes. Be that as it may, this Championship will maintain the good relationship with the chief of international business.

Article 1 - Participation

- 1.1 Participation in the Veterans World Championship is open to all national wrestling federations affiliated to United World Wrestling, provided that they have fulfilled their financial obligations toward United World Wrestling according to the United World Wrestling Statutes and Regulations and towards the organising committee as per these Regulations for the duration of the Championship.
- 1.2 Each national federation shall be entitled to enter as many wrestlers as it wishes.
- 1.3 All participating countries are required and requested to bring referees according to the normal organization procedures of Championships (maximum one per mat).
- 1.4 In the framework of the Championship a type "I" referees' course will be held.



Article 2 - Technical conditions

- 2.1 The competition will be held according to the United World Wrestling rules.
- 2.2 The competition will be conducted in Freestyle and/or in Greco-Roman Wrestling.
- 2.3 United World Wrestling approved mats will be used for the competitions.
- 2.4 The competition will be held in the following age categories :
N.B: For all age categories, the weight classes will be identical.

Division " A " 35 - 40 years
Division " B " 41 - 45 years
Division " C " 46 - 50 years
Division " D " 51 - 55 years
Division " E " 56 - 60 years

The weight categories are as follows:

1. 55 - 62 kg
2. 70 kg
3. 78 kg
4. 88 kg
5. 100 kg
6. 100 - 130 kg

Article 3 - Duration of bouts

- 3.1 The duration of the bouts is fixed as follows for all age categories:
 - Two periods of 2 minutes with a 30-second break.

For all the competitions, the timing displayed on the scoreboards will start from 0 to 4 minutes.

The winner is declared by the addition of the points in both periods.

- 3.2 All United World Wrestling technical and administrative rules should be applied for veteran wrestling.

Article 4 - Medals and trophies

- 4.1 Medals (gold, silver and 2 bronze) will be presented to the first, second, and two third wrestlers in each weight category.

Participation diplomas will be presented to all wrestlers.

Article 5 - Medical

- 5.1 Each wrestler has to pass a medical examination in his own country one week before leaving his country for the competition. This UWW Medical Certificate will have to be filled in and signed by the official doctor of the concerned National Wrestling Federation. This certificate must be shown at weigh-in to the assigned UWW Doctor.



5.2 Each wrestler is participating under his/her own responsibility, United World Wrestling cannot be called up in responsibility for any risk or services not covered by the insurance.

5.3 Each wrestler will undergo a medical examination one hour before weigh-in.

Article 6 - Weigh-In

6.1.1 Only one weigh-in during the competition even if it is organized in two days or more.

Article 7 - Competitors licence-age verification

7.1 Any Veteran Wrestler who competes in the Veteran World Championship must hold an international United World Wrestling licence valid for the current year.

7.2 This annual licence includes the United World Wrestling insurance coverage. The organiser and United World Wrestling are not responsible for any medical costs with the exception of first aid during the competition (at organiser's expenses).

7.3 The team leader and / or the individual athlete will submit all final entries with the age, weight and name of each participant from his country to the Secretariat six hours before weigh-in.

7.4 Each individual participant must submit his passport both at accreditation and to the Secretariat at the weigh-in for proof of age, name and country.

Article 8 - Entries

8.1 Entries on the official entry forms are to be send as follows to the Organising Committee:

- | | |
|-----------------------------|---|
| A: Preliminary Entry | by the National Federation - at the latest two months prior to the beginning of championship. |
| B: Entry by Name and Weight | by National Federation - at the latest one month prior to the beginning of championship. |
| C: Final Entry | by team leader six (6) hours before the weigh-in. |

Article 9 - Transportation

9.1 All teams, delegations or individuals are expected to arrive and depart from the organising city. The organising committee will ensure the transport to the Championship area, provided that it has been informed about the participants' date and arrival time.

9.2 Free transportation will be available from accommodation sites and from hotels to the competition venue



Article 10 - Board and lodging

- 10.1 The accommodation fee per day for participant and accompanying person (lodging in double rooms, boarding) is set by United World Wrestling. Accommodation will be in hotel room with a maximum of two beds.
- 10.2 The number of staying days for the Veterans World Championships is fixed for a minimum of 3 days.

Article 11 - Methods of arrival

- 11.1 Heads of delegations and individual participants will pay their financial costs to the Organising Committee upon arrival, before accreditation.
- 11.2 For citizens of certain countries it is mandatory to obtain entry visa to organising country. Each participant is responsible for contacting the embassy in his home country to obtain the Visa.

Article 12 - Correspondence

- 12.1 The entries regarding the Veteran World Championship must be addressed to United World Wrestling with a copy to the organising committee. All the other correspondence must be send directly to the organising committee.



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VETERAN MEDICAL CERTIFICATE

Article 5.1 of the General Regulations for the World Championships Veteran provides:

“Each wrestler shall pass a medical examination in his own country one week before the competition start date. A UWW Veteran Medical Certificate should be filled and signed by an official medical doctor appointed by the National Federation. This form must be delivered to UWW doctor of the competition at the pre-weighing medical examination”.

UWW EVENT

Event

Place / Date...

WRESTLER

Surname:

Date of Birth (Day/Month/Year):

Nationality:

Address:

Phone Number:

E-mail:

First Name:

Sex:

MEDICAL ASSESSMENT SUMMARIES

1. General Examination:

A- Medical History:

- Normal
- Abnormal - Please specify: ...

B- Routine Lab Tests:

- Haemoglobin, Haematocrit, Erythrocytes, Thrombocytes, Leukocytes, C-reactive Protein, Glucose, Creatinine, Uric Acid, Triglycerides, Cholesterol (total, LDL, HDL), Creatine phosphokinase, Sodium, Potassium, Calcium, Phosphor, Urine Analysis
 - Normal
 - Abnormal - Please specify: ...



VETERAN MEDICAL CERTIFICATE

C- Skin Inspection:

- Normal
- Abnormal - Please specify: ...

D- General Health:

- Normal
 - Eligible to wrestle with considerations
 - Non eligible to compete
- Please specify: ...

Examining Doctor: Surname & Name:
Address:
Date:
Signature:

3. Cardiovascular Examination:

- Physical examination, Chest x-ray, Heart rate & rhythm, Blood Pressure, Electrocardiography, Echocardiography
 - Normal
 - Eligible to wrestle with considerations
 - Non eligible to competePlease specify: ...

Examining Doctor: Surname & Name:
Address:
Date:
Signature & Stamp:



VETERAN MEDICAL CERTIFICATE

4. Orthopaedic Examination:

- Spine (cervical, thoracic lumbar), Shoulder, Arm, Elbow, Forearm, Wrist, Hand, Fingers, Hip, Thigh, Knee, Lower leg, Ankle & Foot
 - Normal
 - Eligible to wrestle with considerations
 - Non eligible to competePlease specify: ...

Examining Doctor: Surname & Name:
Address:
Date:
Signature & Stamp:

5. Medical Certification

I certify that this wrestler:

- Has no apparent contraindication to practice wrestling in competitive level.
- Is not recommended to practice wrestling in competitive level.

Certifying Doctor: Surname & Name:
Medical Registration Number:
Address:
Phone Number:
Fax Number:
E-mail:
Date:
Signature & Stamp:



VETERAN MEDICAL CERTIFICATE

UWW Doctor Approval

- Medical Certificate Approved.
- Medical Certificate is not approved.

Surname & Name

Signature:

Date: