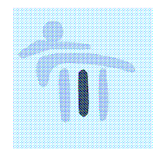


45th European Karate Championships

May 7th - 9th 2010

Athens - Greece



Pre-Competition Activities

Thursday, May 6th

Place:	Schedule:	Activity:
HQ -Room CHIOS	10:00 – 16:00	Registration of Delegations
HQ -Room CRETE	09:00 – 11:00	EKF Executive Committee Meeting
HQ - Room SYROS I	10:00 – 11:00	EKF Medical Commission Meeting
HQ - Room SYROS I	11:00 – 12:00	EKF Anti-Doping Commission Meeting
HQ - Room SYROS I	12:00 – 14:00	EKF Technical Commission Meeting
HQ - Room CORFU I & II	16:00 – 19:00	Congress
HQ - Room CHIOS	18:00 – 19:00	Coach's Meeting & Draw
Faliro Pavilion	19:00 – 20:00	Referee's License Renewal Examination
Faliro Pavilion	20:00 – 21:00	EKF Referee Briefing
Faliro Pavilion	21:00 – 22:00	EKF Referee Commission Meeting

Weighing

Weighing will take place in Faliro Pavilion on **Friday, May 7th**

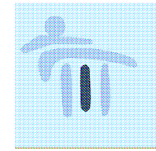
WEIGHING PROGRAMME

Time	Male	Female
09:00 – 09:10		+ 84 kg
09:10 – 09:20		- 84 kg
09:20 – 09:30		- 75 kg
09:30 – 09:40		- 67 kg
09:40 – 09:50		- 60 kg
10:30 – 10:40		+ 68 kg
10:40 – 10:50		- 68 kg
10:50 – 11:00		- 61 kg
11:00 – 11:10		- 55 kg
11:10 – 11:20		- 50 kg

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Competition Programme

Friday, 7 th May	
09:00 – 10:00	Weighing Male All Categories
10:00 – 12:00	Elimination and Repechage Kata Individual Male & Female
10:30 – 11:30	Weighing Female All Categories
12:00 – 14:15	Elimination and Repechage Kumite Male -84 kg & +84 kg
14:15 – 16:00	Elimination and Repechage Kumite Female -68 kg & +68 kg
16:00 – 17:30	Elimination and Repechage Kumite Male -75 kg
17:30 – 18:30	Opening Ceremony
Finals	
18:30 – 18:45	Kata individual Male & Female
18:45 – 19:00	Medals Ceremony
19:00 – 19:15	Kumite Male -84 kg & +84 kg
19:15 – 19:30	Medals Ceremony
19:30 – 19:50	Kumite Female -68 kg, +68 kg & Male -75 kg
19:50 – 20:10	Medals Ceremony
Saturday, 8 th May	
10:00 – 12:15	Elimination and Repechage Kumite Male -67 kg & -60 kg
12:15 – 14:15	Elimination and Repechage Kumite Female -61 kg & -55 kg
14:15 – 15:15	Elimination and Repechage Kumite Female -50 kg
15:15 – 16:30	Elimination and Repechage Kata Team Male & Female
Finals	
16:30 – 16:45	Kumite Male -67 kg & -60 kg
16:45 – 17:00	Medals Ceremony
17:00 – 17:20	Kumite Female -61 kg, -55 kg & -50 kg
17:20 – 17:40	Medals Ceremony
17:40 – 18:10	Kata Team Male & Female
18:10 – 18:30	Medals Ceremony
Sunday, 9 th May	
09:00 – 15:30	Elimination & Repechage Kumite Team Male
13:00 – 16:30	Elimination & Repechage Kumite Team Female
Finals	
16:30 – 16:45	Kumite Team Female
16:45 – 17:15	Kumite Team Male
17:15 – 17:35	Medals Ceremony
17:35 – 18:00	Closing Ceremony